

# Community Education Service



*Improving emotional health and well being*

## Men's Real Talk Workshop

**Highlighting men's experiences of abuse and the impact it can have on the family environment**

**Trevor Williams, Men's Real Talk Coordinator with Sagesse**

Participants can expect to understand the importance of informal supports for people disclosing domestic abuse experiences. You can also expect to understand the nuances and types of coercive ways people can control one another and why someone might stay in an abusive situation. Participants will learn the impact this can have on children and youth in the home and how domestic abuse will impact the family. Finally, you can expect to have improved skills about how to have hard conversations with people in your lives.

**Tuesday, March 19, 2024**  
**6:00 pm – 8:00pm**

**Click here to register**

**FREE**

**online event**



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This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and **Real Talk, Sagesse**

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