

Community Education Service



Improving emotional health and well being

Video Gaming & Youth

Presented by: Health Promotion Facilitators, Community Health Promotion Services (CHPS), Mental Health Collaborative, Alberta Health Services

Video gaming is accessible to virtually everyone including our children. In Canada, gaming is a billion dollar industry. This session will look at the video gaming prevalence among genders and age groups, impact on major life areas, and strategies to encourage a more balanced approach to gaming.

Tuesday, May 14, 2024
6:00 pm – 8:00pm

Click here to register

FREE

online event



This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and **Community Health Promotion Services (CHPS), AHS.**

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