

# Community Education Service



*Improving emotional health and well being*

## Supporting Youth Who Use Substances: A Guide for Navigating Youth and Substance Use

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North Zone Mental Health Promotion- AHS

This workshop focuses on understanding youth substance use and treatments available. Participants will learn to identify problematic youth substance use, describe caregiver strategies for talking to youth and substance use, and navigate the stages of change.

## FREE SESSION

**April 11<sup>th</sup> , 2024**  
**11:30 AM – 12:30 PM**



[Click here to](#)  
[Register](#)

This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with North Zone Mental Health Promotion- AHS.

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