

Community Education Service



Improving emotional health and well being

Help! My Child is Struggling in School!

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While school can be a place of excitement for some students who look forward to learning new things, school can be a place of tremendous stress and frustration for others. Many students struggle at some point in their schooling journey. However, for those who have ongoing difficulties, their self-esteem, motivation, and engagement in learning can be impaired. Many of these students start to experience self-doubt and anxiety that can result in internalizing difficulties, such as anxiety or depression and/or acting out behaviours. These difficulties not only disrupts their learning, they can also disrupt their relationships with others, as well as their overall well-being and success over the long term.

If you are worried about your child's learning, or have a child already diagnosed with a learning difference, this workshop is essential. You will learn the different types of learning challenges, the signs to watch out for, and what you can do to maximize your child's success at school and beyond. Don't wait – children do not outgrow learning difficulties so it is imperative to ensure they get the support they need as soon as they can.

FREE WEBINAR

**October 21, 2021
6:30 PM - 8:30 PM**

[Register](#)

This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative Initiatives, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with **Koru Family Psychology.**