

Community Education Service

CES

Improving emotional health and well being

Learn how Money Mentors can be a helpful resource towards creating a healthier financial future

Amanda Mori, Stakeholder Relations Coordinator Money Mentors

Introduction to our free services and programs such as credit counselling and our financial literacy school programs.

- Learn how to create a family budget with tips to stick to your budget.
- Learn what is credit and some ways to rebuild credit.
- Free online resources to help you introduce kids to the concept of money.

FREE WEBINAR

January 24, 2021 6:30 PM - 8:00 PM

<u>Register</u>

This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative Initiatives, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with Money Mentors.