

# Community Education Service



*Improving emotional health and well being*

## Supporting LGBTQ2S+ Children and Youth: A Workshop for Parents and Family Members

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Family, friends, and parents play an important role in the lives of children and youth who are Two Spirit and LGBTQ+. Research shows that gender and sexually diverse youth experience improved health and well-being when supported by the adults in their lives. This workshop will increase participants' knowledge and awareness of gender and sexual diversity including the differences between sex, gender identity, gender expression, and sexual orientation. Additionally, through interactive activities participants will have the opportunity to explore their own values and beliefs regarding gender and sexual diversity. Participants will be given practical tools and resources to build comfort and skill in supporting and affirming Two Spirit and LGBTQ+ children and youth.

Centre  
for Sexuality



**May 24, 2022**  
**1:00 PM - 3:00 PM**

**FREE WEBINAR**

[Register](#)

This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with [Centre for Sexuality](#).

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