

Community Education Service



Improving emotional health and well being

Strategies to Deal with Challenging Behaviors in Children & Teens

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Wherever you are in your parenting journey, this workshop aims to improve your skills at navigating challenging behaviors when interacting with children & youth. Participants will learn about:

- Why challenging behaviors occur
- How to prepare and approach communication with children & youth to help address challenging behaviors.
- How to address challenging behaviors using science-based techniques.

May 25, 2022
6:30-8:30pm

Click here to
register
FREE
online event

This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative Initiatives & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services & **carya**.