

Community Education Service

CES

Improving emotional health and well being

Promoting and Enhancing Positive Social Skills to Reduce Violence and Aggression

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This presentation will look at the following:

- Supporting conflict resolution and problem-solving
- Promoting pro-social and positive behavior
- Creating boundaries and expectations
- When teens are violent and aggressive

FREE SESSION

May 26, 2022 6:30 PM - 8:30 PM



This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services & RVS, MHCB Stepping Stones to Mental Health.