

Community Education Service



Improving emotional health and well being

Talking to Children and Youth about Consent

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When we give consent, we give permission; we do it every day when we borrow a pen, consent to release of information and consent to personal touch. Children learn about consent in their homes with everyday interactions such as sharing toys and learning how to set boundaries. As youth grow, they learn about giving and getting consent in relationships. Talking about consent with children and youth can help them have healthy family, friend and dating relationships.

In this session, participants will:

- Define consent
- Learn ways to talk about consent to children and youth
- Learn how consent is the foundation for healthy sexual relationships

January 24, 2023
6:30 - 8:00 PM

Click here to
Register
Free online event

This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with the **Sexual and Reproductive Health Program, AHS.**