

## **Community Education Service**



Improving emotional health and well being

## Ages and Stages What to expect and what to do to support healthy child sexual development age 0-18

Christine Sturgeon, B.Ed., Child Development Supervisor (Level III) Education Coordinator, Sexual and Reproductive Health Alberta Health Services

Do you parent, give care or work with children age 0-18? You may have learned about childhood development when it comes to milestones like talking, walking and reading; but many people haven't had the chance to build their knowledge about sexual development milestones. In this education session, learn about:

- Childhood sexual development milestones ages 0-18
- What children and youth need to know at each age
- Typical sexual behaviors
- Tips for responding to un-preferred typical sexual behaviors
- Tips for supporting healthy childhood sexual development through talking and creating affirming environments
- · Reputable resources

February 21, 2023 6:30 - 8:00 PM

Click here to

Register

Free online event

This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with the Sexual and Reproductive Health Program, AHS.