

Community Education Service



Improving emotional health and well being

Learning to inclusively support all children through grief and loss

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This workshop will aim to teach caregivers, parents and professionals how to:

- **Define grief and loss**
- **Recognize the signs of a grieving child**
- **Talk to a child about loss**
- **Teach children about grief and loss**
- **Use evidence-based strategies to support a child who is grieving**
- **Enhance a child's resiliency amid difficult times**

**Feb 9, 2023
6:30-8:30pm**

**Click here to
register**

**FREE
online event**

This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction, Mental Health & Psychiatry Program (CAAMHPP) of Alberta Health Services & **Carya**.