

Community Education Service



Improving emotional health and well being

Understanding and talking about teens and risk-taking

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Teens are faced with making new decisions about risk every day – drugs, alcohol, driving, relationships and sex. Part of growing up is learning how to manage risk and make choices. Learn how to talk to your teen about risk by:

- Identifying how risk fits into healthy teen brain development
- Using tips for talking about risk so that teens feel heard and included to set limits
- Learning how to teach teens to manage risk to grow and stay safe

FREE WEBINAR

September 20, 2021
11:00 AM - 12:30 PM

[Register](#)

This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative Initiatives, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with **Sexual and Reproductive Health Services, AHS.**