

Community Education Service



Improving emotional health and well being

Helping your Child Foster a Positive Relationship with Food

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This presentation will look at the following:

1. What does having a healthy relationship with food look like?
2. What are warning signs for disordered eating?
3. What can families do to promote a healthy relationship with food?
4. Resource sharing & supports

FREE SESSION

May 5, 2022
10:00 AM - 12:00 PM

**Click here to
register**
FREE
online event

This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services & **RVS, MHCB Stepping Stones to Mental Health.**