

Community Education Service



Improving emotional health and well being

Setting Intentions: Activity Vision Board

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Viewpoints Facilitator

Goal setting can be intimidating, but at Closer to Home we have created fun ways to reach your goals and set intentions in realistic ways.

Come join us for our group brainstorming session, chat about goals and everything in between!

FREE LEARNING

October 19, 2022
11:00 AM – 12:30 PM

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Closer to Home
COMMUNITY SERVICES

This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with

[Closer to Home Community Home.](#)

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