

Community Education Service



Improving emotional health and well being

Effective Communication with Teens

Laurie Florence, Facilitator, Families Matter

In this workshop we discuss ideas around the impact on communication of words, tone, body language, the importance of listening and the delivery of clear messages needed for cooperation with teens.



Oct 5, 2022
6:30-8:30pm

Click here to
register

FREE
online event

This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services & **Families Matter**.