

Community Education Service



Improving emotional health and well being



National Child Day 2022

Stress, Stigma and Safety Supporting Youth to Experience their Right to Safety

Agnes Chen, Registered Nurse, Founder of Starlings Community

In celebration of National Child's Day, this session will explore the ways in which we can support youth to experience their right to a safe and healthy life, by learning about how childhood stress can influence a child's perception of safety, how stigma can prevent youth from seeking support, and how we can empower youth to find and seek out their safe people and spaces.

November 21, 2022
11:00 AM - 12:30 PM

Click here to

Register

Free online event

National Child Day is celebrated in Canada on November 20th in recognition of our commitment to upholding children's rights and raising healthy, safe and happy young people.

Go to www.nationalchildday.ca to find out more

This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with the **National Child Day Committee** and the **Starlings Community**.