

Community Education Service



Improving emotional health and well being

Your Child's Suicidal Thoughts: What to think and say when your child needs immediate mental health care

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Anyone can experience suicidal thoughts at any age and for many reasons. Parents have a tough job being a consistent supporter for children through every developmental shift, change at school, extra-curricular success, or social failure. When you are extra worried about your child's safety due to thoughts of suicide, you might not know what to think or what to say. In this presentation, hear the facts about suicidal ideation and actions, what you can say directly to your child and other family members, and learn what supports are available to you as caregiver as well as for your child.

January 26th 2023
12:00 PM – 1:30 PM

[Click here to register](#)

FREE

online event

This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and [Eastside Community Mental Health Services](#).