

Community Education Service



Improving emotional health and well being

The Head, Heart, and Hands: Climate Grief into Climate Action

**Presenter: Juan Vargas Alba, BA, MAg,
Prairies Organizer at the Climate Emergency Unit**

Objectives:

1. Participants will understand more about how to connect with others about their feelings of climate grief
2. Participants will learn how to build from their experiences with climate change (stories of self) to bigger demands for climate action (story of now)
3. Participants will feel supported in asking youth about their own experiences with climate grief

**November 6, 2023
11:30 AM- 1:30 PM**

Click here to

Register

Free online event



This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services in partnership with **Kickstand**.