

## Community Education Service



*Improving emotional health and well being*

# Parenting Styles

Susan Ma, CIWA Cross Cultural Parenting Program Coordinator &  
Yanping Dai, CIWA Cross Cultural Parenting Program Facilitator,  
Calgary Immigrant Women's Association (CIWA)

- Participants will gain an understanding of different parenting styles.
- Participants will become more aware of their own parenting styles.
- Participants will gain a better understanding on how parenting styles affect children.

**November 7, 2023**  
**10:30am-12:00pm**

Click here to  
register

**FREE**

online event

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This session is presented by the Community Education Service of the Mental Health & Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services & **Calgary Immigrant Women's Association.**