

# Community Education Service



*Improving emotional health and well being*

## Eating Disorders: An Introduction

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**Calgary Eating Disorders Program**

By the end of this course,  
participants will be equipped to:

- Explain what is considered an eating disorder and the complex nature of these illnesses.
- Describe potential risks and consequences of an eating disorder.
- Describe basic engagement techniques and considerations for treatment.

## FREE Webinar

**February 5<sup>th</sup> , 2024**  
**10:00 AM – 12:00 PM**

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