

Community Education Service



Improving emotional health and well being

How Do We Figure Out What Consequences To Use?

Julie Freedman Smith BSc, BA, Owner JFS Parent Education

Julie will share:

- What works and what doesn't when it comes to consequences.
- Language that helps kids understand how to make positive choices.
- How to parent when too many consequences feel exhausting.



March 13, 2024

6:30 – 8:00 pm

Click here to register

FREE

online event

JFS Parent Education
tactical | practical | personal



This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and **JFS Education**