

# Community Education Service



*Improving emotional health and well being*

## ADHD Essentials for Parents

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Attention-Deficit/Hyperactivity Disorder (ADHD) is one of the most common neurodevelopmental disorders in children. It is usually first diagnosed in childhood and often lasts into adulthood. Children with ADHD may have trouble paying attention, controlling impulsive behaviours, or over-activity. There are three different types of ADHD, depending on which symptoms are strongest in the individual, and each of these subtypes may impact children differently. Neurological deficits, not unwillingness, keep kids with attention deficit disorder from learning and behaving in expected ways. Adults are key in setting these students on a path to success! In this session, we will discuss ADHD diagnosis, the ADHD brain, ADHD as a disorder of Executive Functioning, treatment, and setting kids up for success.

**September 24<sup>th</sup> , 2024**  
**2:00 PM – 3:30 PM**

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This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and in partnership with Avery Family and School Psychology Services.