

## **Community Education Service**



Improving emotional health and well being

## Building Strong Bonds: Understanding Parent-Child Attachment

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Parent & Caregiver Support Services with the City of Chestermere

This presentation looks at the important relationship between parents and children, showing how it affects a child's emotions and social skills. We will discuss key theories and real-life examples, and share tips on how to strengthen these important bonds in daily life.

October 16, 2024 6:30 pm - 8:30 pm

Click <u>here</u> to register

**FREE** 

online event



This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services and Parent & Caregiver Support Services with the City of Chestermere.