

Community Education Service



Improving emotional health and well being

How to respond when a child or teen discloses abuse- info for caregivers and professionals

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Learning that your child or a child under your care has been abused is often a devastating experience. Responding to that child when they tell you they've been hurt can feel especially overwhelming when you're not sure what to say or do.

This 1.5 hour session addresses the "responding" aspect of the recognizing, responding, and reporting framework. Participants will learn how to respond in a way that is both supportive and addresses immediate needs. Session topics include coming into 'Wise Mind,' empathy and validation, who to contact, and safety, including addressing self-harming and suicidality in teens.



October 24, 2024
10:30 AM – 12:00 PM

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This session is presented by the Community Education Service of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Recovery Alberta and [Luna Child and Youth Advocacy Centre](#)