

# Community Education Service



*Improving emotional health and well being*

## Navigating ADHD: Challenges and Strategies for Home and School Success

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**Moroz Child Psychology Group**

ADHD has become an almost common household name; just about everyone seems to know someone who has a child or teen with ADHD. Despite how commonplace ADHD diagnoses appear to be, there are still gaps in our collective understanding of what this diagnosis actually means.

This session will delve into the real-world context of ADHD, and present resources and strategies for parents and teachers looking to support their children and students at home and school.

**IN PERSON SESSION**

**October 22<sup>nd</sup>, 2024**  
**6:30 PM – 8:30 PM**

**LOCATION:**

**CALGARY ACADEMY**

**1677 93 St SW, T3H 0R3**

**\*Free Parking available\***



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This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Recovery Alberta in partnership with [Moroz Child Psychology Group](#).