

Community Education Service

CES

Improving emotional health and well being

Cross Cultural Parenting Program <u>Session 1:</u> Introduction to Parenting

Presenters: Yanping & Marco Calgary Immigrant Women's Association (CIWA)

Participants will learn:

- Challenges of parenting in a new country and culture
- Social and institutional pressures
- Norms, values and laws in Canada with a focus on supervision and child abuse laws







This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of <u>Recovery Alberta</u> in partnership with **Calgary Immigrant Women's Association (CIWA)**

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Monday, September 23, 2024 11:00 AM- 1:00 PM