

Community Education Service



Improving emotional health and well being

Can We Talk: Early Childhood and Sexuality

Diana Wark (She/Her), Parent Program Coordinator for Centre for Sexuality

Join us for an interactive workshop to learn how to navigate those sometimes awkward but essential conversations that foster well-being, healthy relationships and informed decision-making. We empower parents with knowledge, skills and confidence to engage in open, honest and supportive conversations about sexuality and sexual health with their children.

Come to this session to learn about early childhood milestones, how to use correct words for body parts, establish boundaries and discuss consent for the very young. Get your own questions answered and learn how to answer your little ones' questions.



FREE SESSION

November 4th 2024
1:00 PM – 3:00 PM

[Register HERE](#)



This session is presented by the Community Education Service of the Mental Health Collaborative, Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Recovery Alberta Health Services in partnership with [Calgary for Sexuality](#)