

Community Education Service



Improving emotional health and wellbeing

Understanding Borderline Personality Disorder

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December 4, 2024
10:00 am - 11:30 am

This presentation will review:

- the 9 diagnostic criteria for BPD based on the DSM-V, and explain each of these criteria
- the biosocial theory of BPD (ie., theory of how BPD develops)
- How we differentiate BPD from other differential diagnoses (ie., how it's different than bipolar, ADHD, emotion dysregulation, PTSD)
- Different presentations of BPD
- What to do if you suspect your loved one has BPD

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This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta** and **Inner Solutions**.