

Community Education Service



Improving emotional health and wellbeing

Level Up: Exploring the Impact of Gaming and Tech on Adolescent Learning and Cognition

Stephen Sills, Registered Psychologist and Vanessa Boila, Registered Psychologist

In this presentation, we will discuss the recent literature around the benefits and consequences associated with gaming and technology use for adolescents and provide corresponding recommendations.

We will also explore practical tools, software, and learning resources that can be used to support students in and out of the classroom.

December 6, 2024
12:00 PM - 1:30 PM

[Click here to register](#)

FREE

[online event](#)



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta** in partnership with [Onward Psychology](#).