

# Community Education Service



*Improving emotional health and wellbeing*

## ADHD & Executive Functioning

Rhonda Anderson and Stephanie Sands, BSc  
Rocky View Schools and MHCBC Stepping Stones to Mental Health

The session will provide an overview of ADHD and how issues with impulsivity and/or inattention impact children's ability to manage their environments. The session will also explore the impact ADHD has on Executive Functioning and how it relates to managing everyday tasks, and meeting daily expectations at home and at school, including social, emotional, behavioural, and academic demands.

**February 6, 2025**  
**6:00 pm - 8:00 pm**

[Click here to register](#)

**FREE**

[online event](#)



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta**, **Rocky View Schools** and **MHCBC Stepping Stones to Mental Health**.