

Community Education Service



Improving emotional health and wellbeing

Birth Control and Sexually Transmitted Infections (STI) What do you need to know?

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Are you a trusted adult to a teen but are worried that your knowledge about birth control and STI might be out of date? Youth make healthier sexual choices when they can talk to an adult they trust about these topics. In this session for parents and professionals, build your ability to support youth by learning about:

- Creating a safer space to talk with teens about birth control and STI
- Current birth control methods that are effective for teens, how they work and how teens can get them
- Sexually transmitted infections – what they are, how people get them, how to lower risk and where teens can get testing and treatment

February 5th, 2025
10:30 AM – 12:00 PM

[Click here to register](#)

[FREE](#)

[online event](#)



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta** and in partnership with the **Sexual and Reproductive Health Program, AHS.**