

## Community Education Service

Improving emotional health and wellbeing

## **Cyber Safety**

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Are you and your family cyber-safe?

In today's interconnected world, the internet and social media have revolutionized the way we connect and learn. However, with limited oversight, these digital realms also pose potential risks such as privacy breaches, cyberbullying, sextortion, and criminal activities.

## January 13, 2025 6:30 pm - 8:30 pm

Click here to register FREE online event

YouthLink Calgary presents an essential program designed to empower parents and guardians with the tools needed to ensure your family's online safety.



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of <u>Recovery Alberta</u> and CPS YouthLink Calgary Police Interpretive Centre.