

# Community Education Service



*Improving emotional health and wellbeing*

## Vaping & Youth

Presented by the Community Health Promotion Services (CHPS) Team of Recovery Alberta

Vaping among youth is on the rise across Canada, raising concerns for parents, educators, and communities. This session will explore the most commonly used vaping devices, the substances involved—such as nicotine and cannabis—and the potential health risks associated with e-cigarette use. We'll also discuss practical strategies for engaging in open and effective conversations with young people about vaping. Join us to gain the knowledge and tools needed to support informed decision-making and promote healthier choices among youth.



**April 9<sup>th</sup> , 2025**  
**11:30 AM – 1:00 PM**

[Click here to register](#)

**FREE**

[online event](#)



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta** and **Community Health Promotion Services**.