

Community Education Service



Improving emotional health and wellbeing

Building Knowledge and Community for Child and Adolescent Mental Health Research

Dr. Paul Arnold, MD, PhD, FRCPC
Dr. Susan Graham, PhD, RPsych
Dr. Signe Bray, PhD
Dr. Whitney Hindmarch, PhD
Dr. Chad Bousman, MPH, PhD
Dr. Kara Murias, MD, PhD, FRCPC
Stephanie Howe, MSc

Understanding mental health and how to best treat mental health concerns starts with research. At the University of Calgary, Mental Health Research 4 Kids aims to improve knowledge and treatment of child and adolescent (0-18 years of age) mental health concerns. The program supports connecting researchers with young people and their families around mental health research. Our research studies are learning more about mental health and how the brain works, testing promising new therapies and treatment options, discovering links between mental health and genetics, and exploring access to Calgary mental health services. This 1-hour session will provide more information about the program, the importance of mental health research, some of our research studies, and how you can get involved.

For researchers

- Learn about the research infrastructure Mental Health Research 4 Kids offers and how we can support your work.
- Find out how you can get involved with Mental Health Research 4 Kids.

For youth and families

- Learn about the importance of mental health research to improve knowledge and treatment.
- Find out about some of the exciting child and adolescent mental health research studies happening with Mental Health Research 4 Kids.
- Discover how to support and get involved with mental health research.

This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of [Recovery Alberta](#) and [Mental Health Research 4 Kids](#).

ces@recoveryalberta.ca | <http://community.hmhc.ca> | 403 955 4730

MARCH 11th 2025
12:00 PM - 1:00 PM

This registration link is for
ATTENDING USING ZOOM ONLINE

**[CLICK HERE TO
REGISTER](#)**

