

Community Education Service

Improving emotional health and wellbeing

Managing Anxiety in Children and Adolescents with Neurodevelopmental Disorders (NDDs)

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This presentation will:

- Identify the signs and symptoms of anxiety in children and adolescents with NDDs (e.g., AD/HD, ASD, Tics and Tourette's Disorders, Fragile X Syndrome).
- Examine the current evidence on pharmacological and psychosocial treatments for anxiety in individuals with NDDs.
- Present a new clinical trial study that examines the use of sertraline for treating anxiety disorders in children and adolescents with NDDs.

May 1, 2025 6:30 pm - 8:30 pm

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This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of <u>Recovery Alberta</u> and <u>Owerko Centre, University of</u> <u>Calgary</u>.

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