

# Community Education Service



*Improving emotional health and wellbeing*

## Substance Use Treatment Considerations for Youth with FASD

Dr Elizabeth Carlson, Registered Psychologist, University of Alberta  
Erika Makowecki, M.Ed., Doctoral Student, University of Alberta

Elizabeth & Erika will speak about their research and insights from the guide, *Moving Towards FASD-Informed Care in Substance Use Treatment*. Their presentation will explore emerging best practices for supporting individuals with fetal alcohol spectrum disorder (FASD) in substance use treatment settings. They will highlight key recommendations and practical strategies for implementing FASD-informed care to promote healthy outcomes, with specific considerations for youth and caregivers.

**June 4, 2025**  
**6:30 pm - 8:30 pm**

**Register here**  
**FREE online event**



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta** and **University of Alberta**.