

Community Education Service



Improving emotional health and wellbeing

Can We Talk: Sexual Health and Parenting

Diana Wark (She/Her), Parent Program Coordinator for Centre for Sexuality

Join us for an interactive workshop to learn how to navigate those sometimes awkward but essential conversations that foster well-being, healthy relationships and informed decision-making. We empower parents with knowledge, skills and confidence to engage in open, honest and supportive conversations about sexuality and sexual health with their children.

This session provides tools to clarify and talk about family values around sexuality and sexual health, explore the role of parents and schools in sexual health education and discuss the concept of sexuality wholistically

September 24th 2025

1:00 PM – 3:00 PM

[Click here to register](#)

FREE

[online event](#)



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of [Recovery Alberta](#) and [Centre for Sexuality](#)

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