

# Community Education Service



*Improving emotional health and wellbeing*

## Collective Action to Prevent Adverse Childhood Experiences (ACEs) and Promote Healing in Youth Growing up with Parental Substance Use Challenges

**Presented by: Agnes Chen, Registered Nurse, Founder and Executive Director, Starlings Community**

After this session, participants will be able to:

1. Understand ACEs in the context of parental substance use
2. Acknowledge structural and systemic contributors to adversity in youth
3. Identify ways the community can prevent ACEs and enable recovery and healing in youth

**September 22, 2025**  
**12:00 PM – 1:30 PM**

[Click here to register](#)

[FREE](#)

[online event](#)



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of [Recovery Alberta](#) and [Starlings Community](#).

[ces@recoveryalberta.ca](mailto:ces@recoveryalberta.ca) | <http://community.hmhc.ca> | 403 955 4730