

Community Education Service



Improving emotional health and wellbeing

The Elephant in the Room: The Lived Experiences of Diagnostic Disclosure and Nondisclosure in Autism

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Objectives:

- Understand the nuanced experiences of guardians and autistic individuals regarding diagnosis disclosure.
- Recognize the decision-making process and the emotional/developmental significance of disclosure timing.
- Apply practical insights to support families in navigating whether, when, and how to disclose an autism diagnosis.

November 18, 2025

6:30 PM – 8:00 PM

[Click here to register](#)

FREE

online event



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta** in partnership with the **ASERT Research Lab, Werklund School of Education** at the **University of Calgary**.