

Community Education Service



Improving emotional health and wellbeing

Supporting Youth

How to Respond to Sexual Health Misinformation

Presented by: Primary Care Alberta, Sexual & Reproductive Health, Calgary Zone

Everyone needs quality information about sexuality to be healthy, yet misinformation and disinformation about sexuality continues to cause problems for youth. In this session, we will talk about:

- Mis-, dis-, and mal-information - where do youth come across them and how they impact youth mental and sexual health
- How sexuality education and media literacy offer useful responses to mis-, dis-, and mal-information and support youth mental and sexual health
- Tips for supporting youth media and sexual health literacy
- Reputable, youth friendly resources for credible sexuality information

November 26, 2025
10:00 AM – 11:30 AM

[Click here to register](#)

FREE

[online event](#)



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta** and **Sexual & Reproductive Health, Primary Care Alberta**.