

Community Education Service



Improving emotional health and wellbeing

ADHD Essentials for Parents

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Attention-Deficit/Hyperactivity Disorder (ADHD) is one of the most common neurodevelopmental disorders in children. It is usually first diagnosed in childhood and often lasts into adulthood. Children with ADHD may have trouble paying attention, controlling impulsive behaviours, or over-activity. There are three different types of ADHD, depending on which symptoms are strongest in the individual, and each of these subtypes may impact children differently. Neurological deficits, not unwillingness, keep kids with attention deficit disorder from learning and behaving in expected ways. Adults are key in setting these students on a path to success!

In this session, we will discuss ADHD diagnosis, the ADHD brain, ADHD as a disorder of Executive Functioning, treatment, and setting kids up for success.

April 29th, 2026
1:00 PM – 3:00 PM

[Click here to register](#)

FREE

online event



This session is presented by the **Community Education Service** of the Mental Health Collaborative & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of **Recovery Alberta** and **Avery Family and School Psychology Services**.