

COMMUNITY EDUCATION SERVICE

Improving emotional health and wellbeing

Autism: From Awareness to Understanding

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Education and Training Specialist/Professional Learning Consultant

Monday Sept 28 2026

12:00 -1:00

Participants will:

- **Gain a deeper understanding of autism directly from autistic teens at Janus Academy** as they share their unique lived experiences by exploring how autistic individuals differ in their communication, sensory processing, social interactions, and daily life.
- **Develop awareness of the barriers and challenges** that can impact an autistic person's ability to learn, participate, and thrive within their community.

**Click here to
register**



Mental Health Collaborative | Recovery Alberta

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