

COMMUNITY EDUCATION SERVICE

Improving emotional health and wellbeing

Teens & Gambling: What Adults Need to Know

Presented by: Community Health Promotion Services (CHPS), Recovery Alberta

Wednesday Sept 23 2026

6:30 - 8:30

Participants will learn:

- How gambling is showing up in sports, gaming, and online
- Why teens are more vulnerable
- Signs to watch for
- How to talk to youth (without shutting them down)
- Practical tools to reduce risk and build connection

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