

COMMUNITY EDUCATION SERVICE

Improving emotional health and wellbeing

Teens & Gambling: What Adults Need to Know

Presented by: Community Health Promotion Services (CHPS), Recovery Alberta

Wednesday Sept 23 2026

6:30 - 8:30 PM

Participants will learn:

- **How gambling is showing up in sports, gaming, and online**
- **Why teens are more vulnerable**
- **Signs to watch for**
- **How to talk to youth (without shutting them down)**
- **Practical tools to reduce risk and build connection**

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