

COMMUNITY EDUCATION SERVICE

Improving emotional health and wellbeing

How to support quiet, sensitive teens at
home and in the classroom

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11:00 AM - 12:30 PM

Highly sensitive teens are often misunderstood by parents and teachers as they often have stronger emotional reactions. In this presentation, learn why this happens, and the necessary tools required to help these teens manage their emotions, so they don't become derailed.

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