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COMMUNITY EDUCATION SERVICE

Improving emotional health and wellbeing

What is the Manosphere and What Can We Do About It?

Primary Care Alberta, Sexual & Reproductive Health, Calgary Zone

Tuesday Nov 24 2026

12:00 - 1:30 PM

You may have heard about the manosphere or even noticed the boys in your life talking more about "looksmaxxing" or speaking poorly about women and girls. Join us for a session to help you feel more confident supporting boys in your life respond to the manosphere in healthy ways.

Topics include:

- What is the manosphere
- Where are boys and young men finding it
- What can we do to help them use digital spaces safely

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